

URHP ANNUAL CONFERENCE & AGM

Friday 3rd, Saturday 4th and Sunday 5th June 2016
Open to non-members

The venue is: Purley Chase Centre, Purley Chase Lane, Mancetter, Atherstone, Warwickshire CV9 2RQ Tel: 01827 712370 or visit www.purleychasecentre.org.uk closest main towns are Nuneaton and Tamworth. The cost of the full event is £75.00 for URHP members and £85.00 for non-members. The cost for a part session is £30.00. The outstanding costs must then be paid by? A part session is for any one day attendance. The AGM meeting is free.

Purley Chase has 60 beds available in single and shared rooms. If you would like to stay there overnight and include meals, please book the accommodation as soon as possible directly with them. The booking form can be found on their website. A £30.00 deposit is required with the outstanding balance to be paid by 5th June 2015. Please state your dietary requirements and those attending part sessions please book meals or snacks as needed.

The nearest **alternative** accommodation is Bed and Breakfast on the A5 at Dordon called the Chestnuts or at Mancetter on the A5, or The Bull (3 miles away). There are many others to be found around Atherstone.

The nearest main line railway station is at Nuneaton, about 10 kilometres away. Nuneaton is on the main line between London and Lancashire, and trains also serve Atherstone about 2 miles away. For more information, please contact Judy Evans Tel: 01935 474343 Mobile: 07747753189

NB Please see separate booking form.

Name:

Address:

Email:

Telephone: Home and Mobile

Method of payment: cheque or bank transfer

For online payments: URHP Co-op Bank account number
65519950 sort code: 089299

For cheques, please make payable to the: **Unified Register of Herbal Practitioners.**

Please send completed booking form with cheque to: Jane Woolley
9 Dunraven Road, Little Neston, Cheshire, CH84 9QT Tel: 01513
362693 Email: jane woolley1@aol.com

Important - Please complete booking form and post or email to Jane Woolley stating method of payment even if paying by bank transfer. Please make sure that your full name is sent with the bank transfer.

Saturday evening.

If anyone plays an instrument that is easily portable, please do bring it along. Also, please send requests for old or new folk songs to me Judy Evans: info@natureshealing.org Please do let us know if any members could contribute to Saturday evening's entertainment – singing, poem reading, storytelling etc.

Speakers for this years' AGM are:

Dr Edward Thompson

Dr Edward Thompson is both a medical doctor and a herbalist. He is one of our very own, being a member of the URHP. He is a seasoned speaker who thoroughly engages his audience with his eloquent and very articulate style of communication. He makes it easy to understand many of the complexities of integrated health and medicine and it is a great pleasure to have him as our key speaker for this years' main lecture.

The talk is entitled: "An Integrated Approach to Mental Health". Edward will include the following subjects:

- Western medical diagnosis and approach to mental health including a particular focus on depression, anxiety and stress.
- A pharmaceutical approach in terms of understanding as well as discussing drug and herb interactions.
- An integrated herbal approach which will use an understanding of traditional, energetic and modern scientific paradigms of herbal medicine.
- Diet, lifestyle, and psychological therapies.
- Western Red flag symptoms and when to refer.
- Interplay between herbal medicine and other CAM therapies in managing mental health conditions.

URHP members

URHP members will be speaking in turns to give us more insights into their own practices. It will be interesting to see and hear how some of our members use their own skills, knowledge and specialities to practice in their own particular way using herbal medicine and anything else that encompasses natural healing.

Conference programme:

Friday

4:30 pm – 5:30 pm Registration

5:30 – 6:30 pm Dinner

7:00 – 9:00pm URHP members' insights into their own practices

Saturday

09:30am – 1:00 pm Edward Thompson: *An Integrated Approach to Mental Health*

11:45 am – 12:00 pm tea break

1:00 pm – 2:00 pm lunch

2:00 pm – 5:00 pm Edward Thompson: *continued...*

3:45 pm – 4:00 pm tea break

5:30 – 6:30 pm dinner

7:00 – 9:00 pm Social drinks at the bar

Sunday

09:30 am – 11:45 am AGM

11:45 am – 12:00 pm tea break

12:00 pm – 1:00 pm AGM

1:00 – 2:00 pm lunch

2:00 pm Short herbal walk identifying native herbs

NB All hand-outs will be sent nearer the time.



Dr. Edward Thompson



URHP Conference Group 2015